



[info@helplesotho.ca](mailto:info@helplesotho.ca) 610 Bronson Ave Ottawa, ON  
CANADA K1S 4E6 [www.helplesotho.ca](http://www.helplesotho.ca)

## **Volunteer Application for a Sojourn in Lesotho**

*please include additional pages if necessary*

Name:

Address: (Please include City, Postal Code)

Phone:

Email:

Age:

*Thank you for taking the time to thoughtfully fill out this application form so that your application can be more quickly and effectively processed. We appreciate your interest in helping the children of Lesotho and will contact you as soon as possible after receiving your form. Please submit your application by email or post to 610 Bronson Ave, Ottawa ON K1S 4E6*

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What percentage of the [www.helplesotho.ca](http://www.helplesotho.ca) website materials have you read?

Please give several examples of opportunities you have read or heard about Help Lesotho that caught your attention:

Explain why are you choosing to volunteer with Help Lesotho instead of another organization.

What length of time do you have available and when?

What age group, gender, interest level etc. are you most interested in working with and why?

Describe on any special skills you can contribute:

Describe professional expertise you can contribute and its application to the Project (please submit your resume if available).

Describe previous educational and professional qualifications and their applicability to HL.

Describe previous volunteer experience and its applicability to Help Lesotho.

Describe previous travel experience as it relates to a developing country.

Describe your level of comfort with the expression of Christianity in community life.

Describe your personal level of comfort with very basic living conditions, lack of electricity or running water, outdoor toilets, transportation difficulties and limited variety of foods.

Explain your receptivity to the required few weeks of training and preparation before going on such a work experience.

Describe your understanding of the financial commitments necessary to volunteer with Help Lesotho and your personal ability to provide or raise these funds.

Please provide the names, phone numbers, emails, and addresses of two references who would be helpful to assess your readiness to go on such a venture.