

Sponsor a Grandmother!

You do not need to *be* a grandmother
to *help* a grandmother!



Provide a Life Line for \$20 per month (\$240 per year)

Daily, the need increases for support grandmothers in Lesotho, as these women lose their children to AIDS. In Lesotho, a small mountain kingdom surrounded by South Africa, grandmothers bear the burden of care for hundreds of thousands of orphaned children. As they grieve, grandmothers struggle to feed, clothe and educate their orphaned grandchildren and, sometimes, other children left without any family members to care for them. Help Lesotho is there, on the ground, providing strong local programs to educate and support these amazing women in a country with the world's 3rd highest incidence of HIV and AIDS.

Your monthly support will sponsor a grandmother with such benefits as:

- Participation in Help Lesotho monthly Grandmother Days, village support groups
- Income generating projects
- HIV/AIDS counseling and testing
- Food parcels (maize meal, cooking oil, candles, lentils, dried beans and peas, soap), blankets
- Roof patching
- Transportation to educational events and other practical means of support.



HL offers four ways to support Help Lesotho, all tax receiptable:

[direct bank withdrawal](#); [credit card](#) (Canada Help Donation button); donate shares [Brokerage Account Form](#)  or
cheque to: Help Lesotho 610 Bronson Avenue, Ottawa, ON CANADA K1S 4E6

"I am 62 years old. I stay with my seven orphaned grandchildren. One doesn't attend school because of financial problems. All my sons and daughters died from that disease which killed people, which I hate so much because it has taken all those I loved. I have challenges. I have stroke, so I am twisted from my mouth, hands and legs. My grandchildren sometimes go to school without breakfast, the problem is that on such days when they come back from school they will still find that there is no food and that pains me so much."

A conversation with one grandmother.